



# Southern Area Judo

## Dan Grade Theory

## Course & Examination



- Date:** Sunday 16<sup>th</sup> February 2025
- Time:** 09:30 to 17:00 (booking in from 09:00)
- Cost:** £30 Online booking and payment *via* [Participant](#)
- Venue:** Croydon Judo Club  
38 Morland Avenue, Croydon CR0 6EA
- Coaches:** Dave Stanley, 7<sup>th</sup> Dan – Senior Examiner  
John Malkinson, 5<sup>th</sup> Dan – Senior Examiner, Kata Examiner  
James Lewis, 3<sup>rd</sup> Dan – Senior Examiner



This practical mat-based course is suitable for players graded 1<sup>st</sup> Kyu to 4<sup>th</sup> Dan preparing for technical and competitive Dan grade theory assessment. Competitive skills theory examinations will be conducted at the end of the course. If you are interested in completing an examination for 3<sup>rd</sup> Dan or above on the day, or if you are interested in completing a technical dan grading assessment, please contact the organisers ahead of time.

Please bring a pen and notebook, zori and a packed lunch. Tea and coffee will be available. Food is also available for purchase locally (5 min walk from the venue). Please direct any enquiries to Dave Stanley at [david.stanley103@ntlworld.com](mailto:david.stanley103@ntlworld.com) or 01322 663597.

### Course content

- **Section 1** Gokyo single techniques
- **Section 2** Renzoku-waza combinations
- **Section 3** Renraku-waza combinations
- **Section 4** Kaeshi-waza counters
- **Section 5** Ne-waza combinations counters
- **Section 6** Kata

Please note that you must register online *via* the link above. We are unable to accept email or telephone entries. Please direct any enquiries to Dave Stanley at [david.stanley103@ntlworld.com](mailto:david.stanley103@ntlworld.com) or 01322 663597.