

A1 JUDO CLUB'S
U8 Festival and Red/Yellow Belt
Competition

Sunday 3rd November 2024
9am – 12pm

Venue: East Ham Leisure Centre,
324 Barking Road, London, E6 2RT



Group 1: U8 Festival:

- Ages: 5, 6 or 7 years old (on the day of the competition)
- Format: The participants will be guided through a warm up, fun activities, practice of breakfalls and simple throws. Following this they will be put into groups of 3 or 4 based on their weights, age and coach ratings – within these groups they will participate in randori guided by the coaches.
- Everyone will receive a participation medal.

Group 2: Red and Yellow Belt:

- Ages: 8-14 years old (on the day of the competition)
- Format: All players will be put in groups of 3 or 4 based on weights, ages and ratings given by coaches. The event will consist of a group warm up and explanation of competition rules and etiquette. The event is a training event, as such no shidos will be given but players will be stopped and rules explained if they infringe them. Contest time 2 minutes.
- Everyone will receive a medal.

Coach Rating:

All coaches will need to attach a rating to player 1-3 (1= needs looking after, 2= average club player, 3= mini ninja). Please answer honestly to ensure the groups are fair and enjoyable as possible.

This competition is primarily aimed at low grade and less experienced competition players. If your player has entered and won competitions before please indicate them as a “3” on the entry form so we can make groups as fair as possible.

Entry: £20 per player. Bank transfer only. No pay on the day.

Spectators fee: £3pp (to be paid on the day)

Entries and questions to Tahmina Adan (via email info@a1judo.com)

Entry deadline: when max. entry reached

Max entries is 50 entries.

