

# British Judo Association

## GUIDE FOR BJA KATA EVALUATION

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### Basis:

The following elements will form the basis of kata evaluation:

- Understanding of the fundamentals of the kata being demonstrated;
- Focus of technique;
- Spirit - proper mental concentration, decorum, and character;
- Timing and tempo;
- Posture, balance and body control;
- Smooth and fluid body movement;
- Movement and transition between techniques;
- Correct application of power and strength.

### Guidelines

The marking criteria for each distinct technique in any given kata are shown in the Table below. The examiner gives marks in increments of one (1) based on their own judgment against these guidelines.

<b>MARKING CRITERIA FOR BJA KATA EXAMINATIONS</b>		
<b>Score</b>	<b>Summary</b>	<b>Criteria</b>
10	Perfect	Perfect execution of the technique showing skill, spirit, control, timing and smoothness, as well as progression of kuzushi, tsukuri and kake
9	Excellent	Displays and shows a close to perfect execution (perhaps lacking slightly in smoothness or spirit)
8	Very, Very Good	Displays a greater degree of skill and spirit, shows smooth execution with harmony and correct timing
7	Very Good	Displays more skill, beginning to have harmony, showing smoothness and correct timing
6	Good	Basically, correct technique without any major or minor inaccuracies
5	Fairly Good	A few minor inaccuracies, but generally correct technique
4	Fair	A few major inaccuracies, and/or several minor inaccuracies
3	Poor	Numerous significant inaccuracies, poorly performed
2	Fairly Poor	Completely incorrect movements within the technique
1	Very Poor	Numerous major and minor inaccuracies, unrecognisable movements and technique, significant lack of skill
0	Totally Wrong	Omitted technique or totally unrelated technique

*National Kata Commission  
1<sup>st</sup> June 2023*