

Junior Katame-no-Kata

Category 'A' (Under 12 Years)

Examination Form



Candidate Name		Licence No:	
Tori or Uke (L4 only):		Expiry Date:	
Exam Venue:		Exam Date:	

Marking Guide – Score Opening, Closing, Techniques, and Flow on a scale of 0 to 10.	Maximum Marks = 80
	Minimum Pass Mark = 36

ELEMENT		MARKS
OPENING CEREMONY		
OSAEKOMI-WAZA		HOLDING TECHNIQUES
1.	KESA-GATAME	SCARF HOLD
2.	KATA-GATAME	SHOULDER HOLD
3.	HON-KAMI-SHIHO-GATAME	UPPER FOUR-QUARTERS HOLD
4.	HON-YOKO-SHIHO-GATAME	SIDE FOUR-QUARTERS HOLD
5.	KUZURE-KAMI-SHIHO-GATAME	MODIFIED UPPER 4-QUARTERS HOLD
SHIME-WAZA		CHOKING TECHNIQUES
6.	KATA-JUJI-JIME	SINGLE CROSS CHOKE
7.	HADAKA-JIME	NAKED CHOKE
8.	OKURI-ERI-JIME	SLIDING COLLAR CHOKE
9.	KATA-HA-JIME	SINGLE WING CHOKE
10.	GYAKU-JUJI-JIME	REVERSE CROSS CHOKE
KANSETSU-WAZA		JOINT LOCKING TECHNIQUES
11.	UDE-GARAMI	ENTANGLED ARMLOCK
12.	JUJI-GATAME	CROSS ARMLOCK
13.	UDE-GATAME	ARM ARMLOCK
14.	HIZA-GATAME	KNEE ARMLOCK
15.	ASHI-GARAMI	ENTANGLED LEGLOCK
CLOSING CEREMONY		
OVERALL FLOW		
		Total Marks:

Examiners Name:	Licence Number:
Examiners Signature:	Licence Expiry Date:

Return Completed Sheet to the Kata Registrar at
British Judo Head Office, University of Wolverhampton (Walsall Campus), Gorway Road, Walsall. WS1 3BD