

# Junior Ju-no-Kata

## Category 'B' (Age 12-15 Years)

### Examination Form



Candidate Name		Licence No:	
Tori or Uke (L4 only):		Expiry Date:	
Exam Venue:		Exam Date:	

<b>Marking Guide – Score Opening, Closing, Techniques, and Flow on a scale of 0 to 10.</b>	<b>Maximum Marks = 130</b>
	<b>Pass Mark = 65</b>

ELEMENT			MARKS
<b>OPENING CEREMONY</b>			
<b>DAI IKKYO SET 1</b>			
1.	TSUKIDASHI	HAND THRUST	
2.	KATA OSHI	SHOULDER PUSH	
3.	RYOTE-DORI	TWO-HAND HOLD	
4.	KATA MAWASHI	SHOULDER TURN	
5.	AGO OSHI	JAW PUSH	
<b>DAI NIKYO SET 2</b>			
6.	KIRIOROSHI	DOWNWARD CUT	
7.	RYOKATA OSHI	TWO-SHOULDER PUSH	
8.	NANAME UCHI	SLANTING STRIKE	
9.	KATATE-DORI	ONE-HAND HOLD	
10.	KATATE AGE	ONE-HAND LIFT	
<b>DAI SANKYO SET 3</b>			
11.	OBI TORI	BELT GRAB	
12.	MUNE OSHI	CHEST PUSH	
13.	TSUKIAGE	UPPERCUT	
14.	UCHIOROSHI	DOWNWARD STRIKE	
15.	RYOGAN TSUKI	STRIKE TO BOTH EYES	
<b>CLOSING CEREMONY</b>			
<b>OVERALL FLOW</b>			
<b>Total Marks:</b>			

<b>Examiners Name:</b>	<b>Licence Number:</b>
<b>Examiners Signature:</b>	<b>Licence Expiry Date:</b>

**Return Completed Sheet to the Kata Registrar at  
British Judo Head Office, University of Wolverhampton (Walsall Campus), Gorway Road, Walsall. WS1 3BD**