

# Katame-no-Kata Examination Form



|                        |  |              |  |
|------------------------|--|--------------|--|
| Candidate Name         |  | Licence No:  |  |
| Tori or Uke (L4 only): |  | Expiry Date: |  |
| Exam Venue:            |  | Exam Date:   |  |

|   |                  |              |              |              |
|---|------------------|--------------|--------------|--------------|
| Indicate which level of examination is being taken.<br><br><b>Note:</b> Each level must be taken and passed before the next level can be attempted and a high pass mark at Level 1 is awarded as a Level 1 certificate since higher levels have a stricter marking criterion. | <b>Level</b>     |              |              |              |
|   | L1               | L2           | L3           | L4           |
|   | <b>Pass Mark</b> |              |              |              |
|   | 117<br>(65%)     | 126<br>(70%) | 135<br>(75%) | 144<br>(80%) |

**Marking Guide - Score Opening, Closing, Techniques, and Flow on a scale of 0 to 10.**

| ELEMENT                 |                          | MARKS                           |
|-------------------------|--------------------------|---------------------------------|
| <b>OPENING CEREMONY</b> |                          |                                 |
| <b>OSAEKOMI-WAZA</b>    |                          | <b>HOLDING TECHNIQUES</b>       |
| 1.                      | KESA-GATAME              | SCARF HOLD                      |
| 2.                      | KATA-GATAME              | SHOULDER HOLD                   |
| 3.                      | HON-KAMI-SHIHO-GATAME    | UPPER FOUR-QUARTERS HOLD        |
| 4.                      | HON-YOKO-SHIHO-GATAME    | SIDE FOUR-QUARTERS HOLD         |
| 5.                      | KUZURE-KAMI-SHIHO-GATAME | MODIFIED UPPER 4-QUARTERS HOLD  |
| <b>SHIME-WAZA</b>       |                          | <b>CHOKING TECHNIQUES</b>       |
| 6.                      | KATA-JUJI-JIME           | SINGLE CROSS CHOKE              |
| 7.                      | HADAKA-JIME              | NAKED CHOKE                     |
| 8.                      | OKURI-ERI-JIME           | SLIDING COLLAR CHOKE            |
| 9.                      | KATA-HA-JIME             | SINGLE WING CHOKE               |
| 10.                     | GYAKU-JUJI-JIME          | REVERSE CROSS CHOKE             |
| <b>KANSETSU-WAZA</b>    |                          | <b>JOINT LOCKING TECHNIQUES</b> |
| 11.                     | UDE-GARAMI               | ENTANGLED ARMLOCK               |
| 12.                     | JUJI-GATAME              | CROSS ARMLOCK                   |
| 13.                     | UDE-GATAME               | ARM ARMLOCK                     |
| 14.                     | HIZA-GATAME              | KNEE ARMLOCK                    |
| 15.                     | ASHI-GARAMI              | ENTANGLED LEGLOCK               |
| <b>CLOSING CEREMONY</b> |                          |                                 |
| <b>OVERALL FLOW</b>     |                          |                                 |
| <b>Total Marks:</b>     |                          |                                 |

|                             |                             |
|-----------------------------|-----------------------------|
| <b>Examiners Name:</b>      | <b>Licence Number:</b>      |
| <b>Examiners Signature:</b> | <b>Licence Expiry Date:</b> |

Return Completed Sheet to the Kata Registrar at  
British Judo Head Office, University of Wolverhampton (Walsall Campus), Gorway Road, Walsall. WS1 3BD