

Nage-no-Kata Examination Form



Candidate Name		Licence No:	
Tori or Uke (L4 only):		Expiry Date:	
Exam Venue:		Exam Date:	

Indicate which level of examination is being taken. Note: Each level must be taken and passed before the next level can be attempted and a high pass mark at Level 1 is awarded as a Level 1 certificate since higher levels have a stricter marking criterion.	Level			
	L1	L2	L3	L4
	Pass Mark			
	117 (65%)	126 (70%)	135 (75%)	144 (80%)

Marking Guide – Score Opening, Closing, Techniques, and Flow on a scale of 0 to 10.

ELEMENT		MARKS
OPENING CEREMONY		
TE-WAZA		HAND TECHNIQUES
1.	UKI-OTOSHI	FLOATING DROP
2.	SEOI-NAGE	BACK-CARRY THROW
3.	KATA-GURUMA	SHOULDER WHEEL
KOSHI-WAZA		HIP TECHNIQUES
4.	UKI-GOSHI	FLOATING HIP THROW
5.	HARAI-GOSHI	SWEEPING HIP THROW
6.	TSURI-KOMIGOSHI	LIFTING-PULLING HIP THROW
ASHI-WAZA		FOOT & LEG TECHNIQUES
7.	OKURI-ASHI-BARAI	SLIDING FOOT SWEEP
8.	SASAE-TSURIKOMI-ASHI	PROPPING-DRAWING ANKLE THROW
9.	UCHI-MATA	INNER THIGH THROW
MA-SUTEMI-WAZA		SUPINE SACRIFICE TECHNIQUES
10.	TOMOE-NAGE	CIRCLE THROW
11.	URA-NAGE	REAR THROW
12.	SUMI-GAESHI	CORNER REVERSAL THROW
YOKO-SUTEMI-WAZA		SIDE SACRIFICE TECHNIQUES
13.	YOKO-GAKE	SIDE HOOK
14.	YOKO-GURUMA	SIDE WHEEL
15.	UKI-WAZA	FLOATING TECHNIQUE
CLOSING CEREMONY		
OVERALL FLOW		
Total Marks:		

Examiners Name:	Licence Number:
Examiners Signature:	Licence Expiry Date:

Return Completed Sheet to the Kata Registrar at
British Judo Head Office, University of Wolverhampton (Walsall Campus), Gorway Road, Walsall. WS1 3BD