# Please read the following carefully before submitting your application.

# Closing date for applications is Friday 1st April 2022.

Applications are invited from coaches who wish to study for British Judo’s 1st4Sport Level 3 in Coaching Judo (formerly UKCC) which has been developed within 1st4Sport Coaching Certificate criteria.

***It is important that prior to applying for this course that you consider the information below to assess your competence and confidence in all areas.***

In the past, it has been a natural progression for coaches to go from Level 2 to Level 3 but, as the demands of Level 3 are of a much higher standard, this is no longer the case. Whilst the BJA Level 1 and Level 2 coaching qualifications are designed to assist coaches reach the required standard to enable them to coach in a club setting, the Level 3 qualification is designed to take the coach to a higher level, testing their ability to manage programmes and personnel. The emphasis is on advanced coaching skills and studying for this award will demand a significant commitment from the coaches who are selected to participate.

The programme focuses on a holistic approach that will explore the competitive, technical, tactical, physical and psychological as they apply to the lifestyle needs of the judoka. We are looking for coaches with several years’ experience who coach on a regular basis who have an appetite for learning and a desire for self-improvement.

# Learning Programme Details

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| --- | --- | --- | --- |
| **Venue** | **Block 1- 4 Dates** | **Times** | **Course Cost** |
| Bishops Stortford Judo Club  Beldams Lane  Bishops Stortford  Hertfordshire  CM23 5LH | 23/24 April 2022  21/22 May 2022  18/19 June 2022  27/28 August 2022 | 9.00am – 5.00pm (approx. both days) | BJA Members £300.00  Non BJA Members £500.00  See Notes below. |

*Notes: This course normally costs £1,000 but the BJA is providing a 50% subsidy for all candidates. For this year only, we are providing an additional subsidy for BJA members of £200.00.*

*To qualify as a BJA member the applicant must have been a member for a minimum of two years and hold a BJA recognised grade of 1st Dan.*

# Course Descriptor

On successful completion of 1st4Sport Level 3 coaches should be able to:

* analyse participants’ current and potential needs and aspirations
* plan an annual coaching programme according to agreed goals
* manage a safe and effective coaching programme using a range of coaching styles and interventions to meet participants’ needs
* coach techniques and tactical concepts of judo
* demonstrate an understanding of the principles of judo and its rules

The course consists of four two-day blocks, which are delivered face to face on course, with home study prior to and between the blocks. During the course a variety of activities will be conducted, these are either practical or classroom based.

Assessment is competency based, allowing for continuous assessment during the course. During blocks 2 - 4 there will be an opportunity to receive support and action planning from course tutors.

There will be two practical assessments as part of the course:

* Internal practical assessment will take place in block 4.
* Independent assessment will take place in coach’s club when they are ready to be assessed (this must be within 3 years of course start).

# Minimum Requirements

All candidates must:

* be at least 20 years of age
* hold a minimum of grade 1st Dan
* must hold a current BJA Level 2 or BJA Level 3 Coach Award (non BJA members must hold a UKCC Level 2 Award)

# All applications must include the following:

1. Complete Registration Form (coaches should apply using the form on the BJA website)
2. Full coaching CV which must include:

* details of playing experience
* coaching experience and responsibilities
* relevant courses attended
* evidence of the standard of players currently coaching

1. Closing date for applications: **Friday 1st April 2022**

Please send **CV, Registration Form** and **Fee** (payable to British Judo Association) to:

Coaching Department  
British Judo Association Head Office  
University of Wolverhampton Walsall Campus  
Gorway Road  
Walsall  
WS1 3BD

Tel: 0121 728 6920

Successful applicants will be informed by the **Friday** **8th April 2022.**