

## ENGLAND JUDO TRAVEL CHECKLIST

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**When travelling with the England Judo team, it is essential that participants have the following:**

- Passport valid for at least three months after the day you are due to return to the UK.
- A valid EHIC/GHIC card.
  - Available from: [Applying for healthcare cover abroad \(GHIC and EHIC\) - NHS \(www.nhs.uk\)](https://www.nhs.uk)
- Travel insurance to cover the following:
  - Losses incurred in the case of flight cancellations and delays.
  - Losses incurred in the case of luggage being lost.
  - Injury caused by participating in Judo.
  - This can be obtained very quickly and affordably at: [Judo Insurance - Get A Quote | SportsCover Direct](#)
- Suitable clothing: England or GB tracksuit and appropriate clothing for expected weather conditions.
  - Club or plain tracksuit may be worn if ENG/GB items are unavailable/out of stock.

**When travelling with the England Judo team, you MUST provide England Judo with the following:**

- A completed and signed In-LoCo-Parentis/Medical form.
  - Normally provided at the point of registering for the squad.
- A copy/scan of your passport photo page.
  - Normally provided at the point of registering for the squad.
- Your EHIC/GHIC at the meeting point for travel (Airport or Coach pick-up point).

***Failure to possess or provide any of these will result in you not being permitted to travel with the England team.***

Yours sincerely

The England Judo Team

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