

ST ALBANS
JUDO CLUB



EST. 1950

NEIL ADAMS

POST OLYMPICS SEMINAR

Sunday 24th November 2024

10am - 3pm • £25

JUDO AT PARIS 2024

- Trends
- Observations
- Technical Commentary
- Common Themes
- What next..?

...with a mix of Tachi-waza
& Ne-waza practice

Open to experienced judoka aged 14+

TO BOOK A PLACE:

Visit stalbansjudo.org.uk
or scan QR code 



SCAN ME



The Dojo Batchwood Sports Centre
St Albans • Herts • AL3 5XA

This is a British Judo Association licensed
Coach Education/Revalidation Course

