

# CUJC - 2025 Red Belt Rumble!

Hello All,

It's been great to see so many new people on the mat this term and to have so many of you reach your red belt. To kick off 2025, we'll be hosting our third annual Red Belt Rumble, a beginners' competition for red and yellow belts!

It'll be a fun day to try out the judo skills you've developed so far, get a sense of what competitions are like and cheer on your fellow club members!

Sometimes there are opportunities for newer judoka to compete at Varsity (22nd February) and this year also marks the start of a new novice category at BUCS (one of our biggest annual competitions held on 16 March). For those of you looking to get more into competitive judo, the Red Belt Rumble is a great opportunity for the captains and coaches to get a look at your skills with a view to future competition selection.

That being said, this is a friendly, low-pressure event. Don't worry about winning or losing, just give it your best and enjoy the day :)

**If you'd like to compete please sign up by 20th January 2025 using for form below**

In the form we've asked questions about your gender and weight so that we can arrange fights that are well matched. If these requirements cause any concern for you please reach out to a committee member! We're an inclusive club and here to support anyone who wants to compete.

## Event Details:

- **Date:** 25th January 2024
- **Time:** 12:30pm - 4:30pm
- **Location:** Studio 2, University Sports Centre Cambridge CB3 0AS

## Entry requirements:

- Must have a valid BJA License
- Must be paying mat fees at CUJC or an ARU judo member
- Must be a Red belt or Yellow belt

## Contest format:

We will be using the general contest rules (apart from submissions) implemented at the 2024 Paris Olympics as the new rules don't come into effect until this February.

- Team competition (exact numbers per team will be dependent on the number of entries)
- Technical restrictions: - No submissions
- Contest time: 4 minutes + 1 minute golden score (may change depending on number of entries)

\* Indicates required question

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1. Full Name \*

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2. Email \*

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3. Are you a student?

*Mark only one oval.*

Yes (ARU or CAMBRIDGE)

No (City member)

4. Gender \*

*Mark only one oval.*

Female

Male

Non-binary

Other: \_\_\_\_\_

5. Is your gender the same as the sex you were registered at birth? \*

*Mark only one oval.*

Yes

No

6. Weight in kg (rough estimate is fine) \*

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7. BJA License number \*

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8. Club \*

*Mark only one oval.*

CUJC

ARU

9. Grade \*

*Mark only one oval.*

Red Belt

Yellow Belt

10. Any other comments? (especially health related that the committee should be aware of)

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